

Mercy Overseas Volunteer Expeditions (**MOVE**) was set up in order to provide an active platform for individuals to exercise a spirit of active global citizenry via engaging in programmes which complement Mercy Relief's ongoing overseas community development projects.

While Mercy Relief has established its standing as a humanitarian charity in response to the human tragedies in Asia, it also carries out longer-term development projects to uplift the lives of impoverished and disadvantaged communities around Asia. Mercy Relief is currently implementing 14 non-crisis poverty-reduction and disaster risk mitigation projects in China, Indonesia, the Philippines and Vietnam focusing on our core areas of water & sanitation, shelter, sustainable livelihood, education and healthcare.

At Mercy Relief, we have always believed that the way forward in developing the humanitarian sector is through exposing and educating the community. Outgoing teams will carry out programmes within our project locations, stemming from our five core areas above. With the objective of rendering meaningful service to supplement as the 'soft ware' component to our 'hard ware' humanitarian work, **MOVE** thus provides the beneficiaries with a holistic form of aid.

Comprising two primary platforms for volunteer deployments – Mercy Expeditions (**MX**) and Mercy Youth (**MY**) – **MOVE** personifies our vision of a more structured conduit for volunteers to develop themselves as regional humanitarians.

MX: Mercy Expeditions allows working adults and volunteers in general to develop their own potential and a chance to experience other cultures and understand some of the socio-economic issues affecting our neighbouring nations. For employees going under the banner of their organizations, the programme aims to develop their sense of global competence and leadership, and enrich their personal and professional lives through CSR (Corporate Social Responsibility) activities.

MY: Mercy Youth is open to young adults and full-time students who wish to engage in a pro-active sense of experiential learning and make active social contributions both at home and abroad. This includes participants between the age of 15 to 35 who are embarking on NYC's Youth Expedition Programme (YEP) under the partnership between NYC and Mercy Relief.

Returning volunteers will be automatically integrated into the **MOVE** Network, for continued engagement and development in promoting an active volunteering spirit and a civic life of compassion, care and volunteerism amongst Man.

It's a simple formula, really. **MX + MY = MOVE**



'It's Good to Feel Bad' @ **MERCY**